



2018

**M3 PROJECT
ANNUAL REPORT**

INTRODUCTION

M3 Project is a specialist charity in East Lancashire working with young people aged 16- 21 years old providing advice, support and accommodation to those who are at risk of homelessness, or who are actually homeless. We provide a home. We get homeless young people back into education, training or work. We help vulnerable young people become physically and mentally healthy.

This is M3 Project and the work we do...



ANNUAL REPORT

2018



Read about our prevention services and accommodation for single young people and young families.



Find out how homelessness affects many young people from all walks of life.



Discover how we help Young People experiencing homelessness move on in their situation.



Learn how a vibrant and growing charity derives funding from a variety of sources.



Our Services



Our Young People



Our Impact



Our Funding

OUR SERVICES

Specialist support and accommodation for Young People



Supported Lodgings – a home from home...

Accommodation for single young people provided by volunteer Householders who offer a room in their home. Support comes from both the Householder and our support workers.



Teenage Parent Service – a family home...

A unique service providing accommodation for young mothers or families in fully furnished properties, along with comprehensive support.



The Listening Project – a listening ear...

A chance to talk for young people aged 15-17 who may be experiencing trouble at home and are threatened with homelessness. We use trained peers as mediators to work with young people and their families.



OUR SERVICES

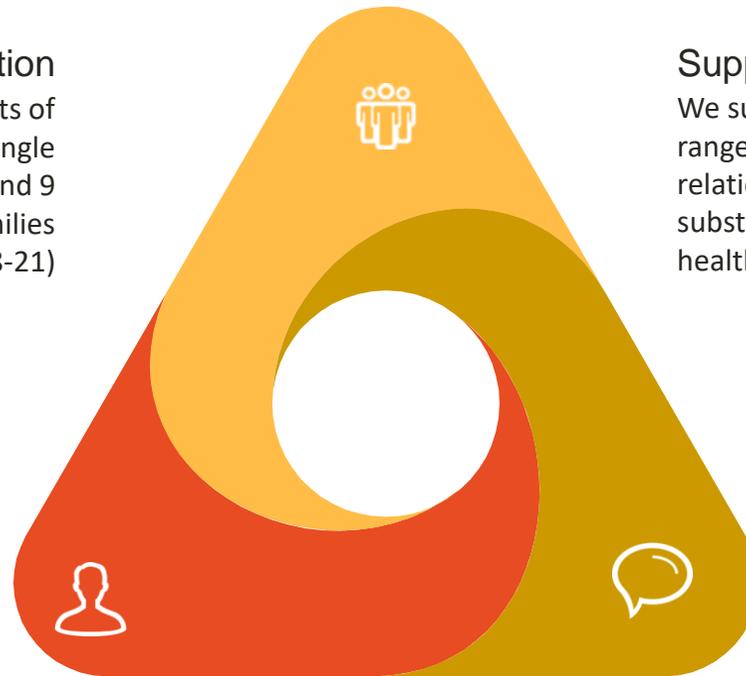
Specialist support and accommodation

Safe accommodation

We offer 13 placements of Supported Lodgings for single young people (18-21) and 9 placements for Teenage Families (18-21)

Living Skills

Our focus on developing independent living skills is crucial to us helping young people move on to their own accommodation.



Support

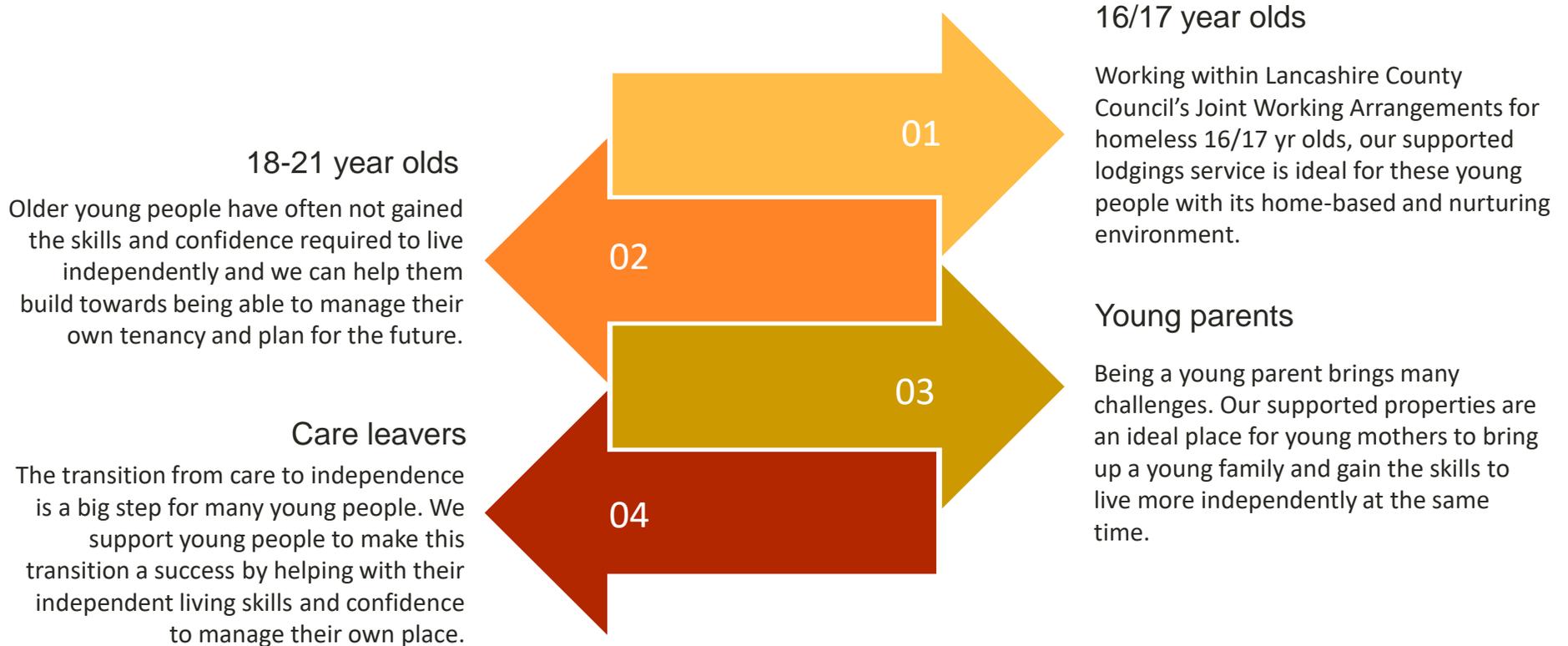
We support young people with a range of issues such as personal relationships, education, substance misuse and mental health.

A listening ear

Our volunteer Householders and experienced support workers are always there for a young person to share their worries or concerns.

OUR YOUNG PEOPLE

Who are our young people?



OUR YOUNG PEOPLE'S STORIES



Ellie

Ellie, aged 17, found herself sleeping rough on a daily diet of sandwiches after her parents separated and her mother was issued with a notice to quit because of unpaid rent. After 4 months she realised she would not make it through the winter and contacted the council who referred her to M3.

“That first night it felt so good to sleep in a bed that I could sleep in the next day. It has been wonderful living here and I have made a friend in the Householder. M3 has been amazing, They treat you like you are a member of their own family.”

Ellie is planning to go to University and study to be a Primary school teacher.

Alistair

At 19 Alistair found himself sofa surfing in friends' houses for months after his relationship with his mother broke down. Although he was working he couldn't afford his own place and felt a hostel wouldn't suit his needs. The council referred him to M3 who found him Supported Lodgings within 3 days.

“Janet is very friendly and we get on well. I have been able to get to work within 20 minutes.” Janet has helped Alistair learn to cook, do his own laundry and become more independent.

He has repaired the relationship with his mother, moved back home and is hoping to apply to join the army.



Sara

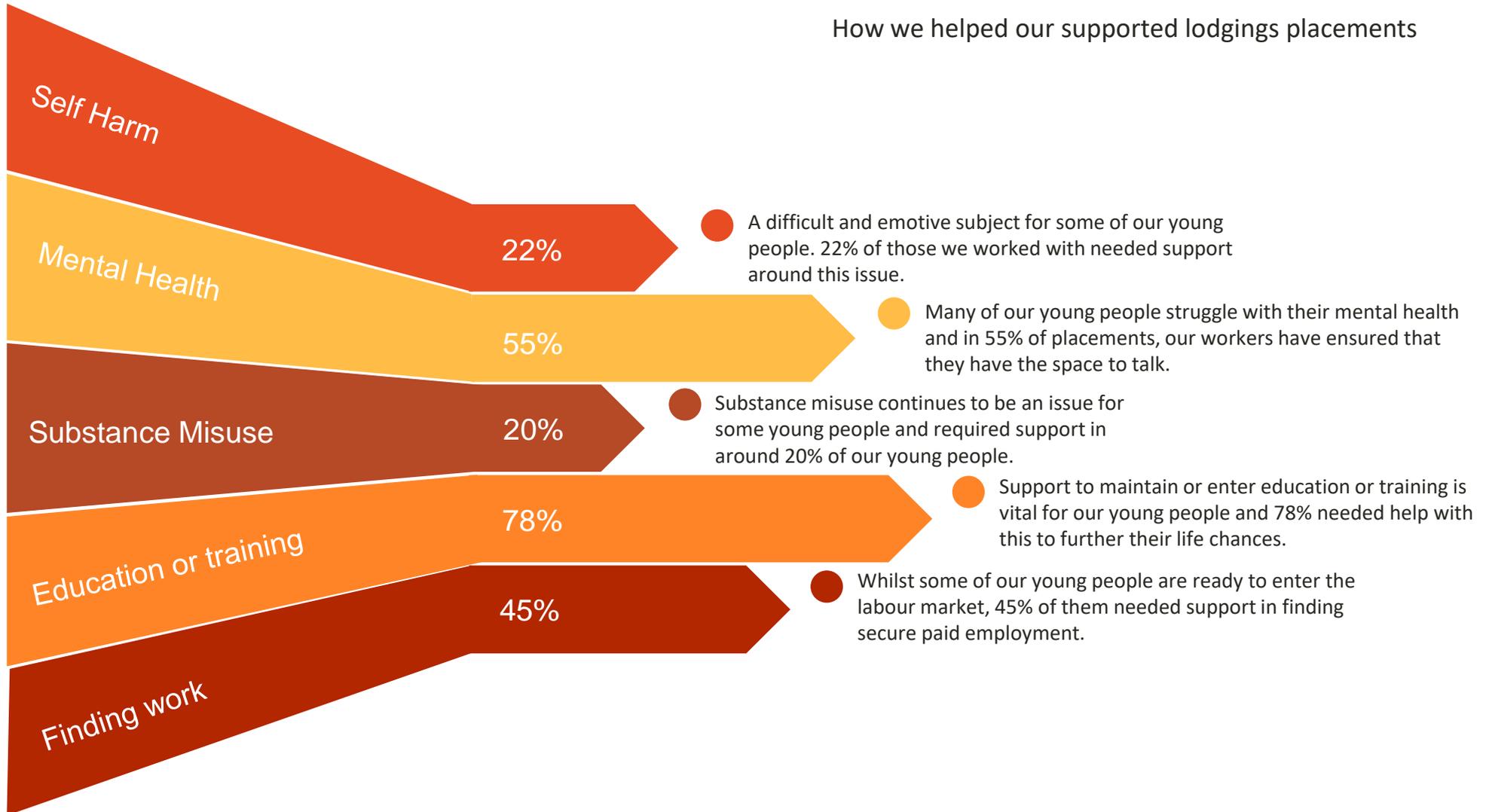
Too young to apply for a tenancy of her own and without any financial means, Sara discovered she was pregnant at 17 and found she had nowhere to live. Luckily, she was able to be housed in one of our supported properties.

“M3 really helped with lots of things such as sorting out benefits and getting on the housing waiting list. I was determined to do everything I could to show I would be a good tenant to get a house for me and my daughter”

Now in a place of her own, Sara is working hard and hoping to become a teacher.

OUR IMPACT

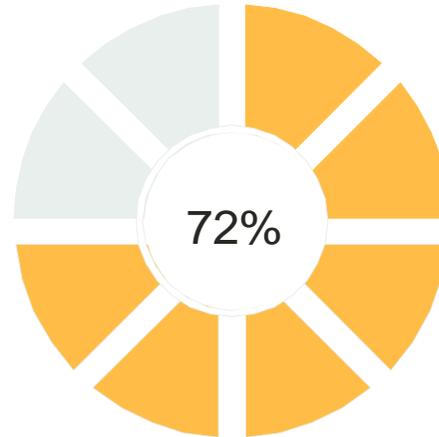
How we helped our supported lodgings placements



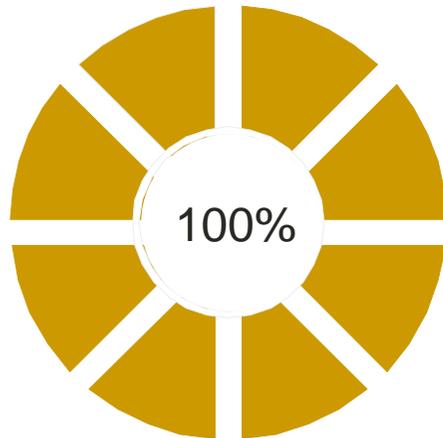
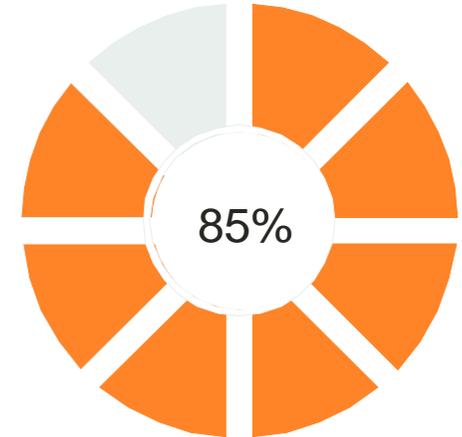
OUR IMPACT

How we helped young parents on our Teenage Parent Service

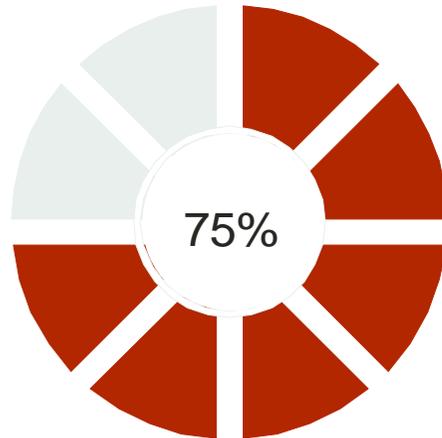
Successful Move Ons



Managed Physical Health Better



Managed Mental Health Better



Minimised Risk of Harm from Others

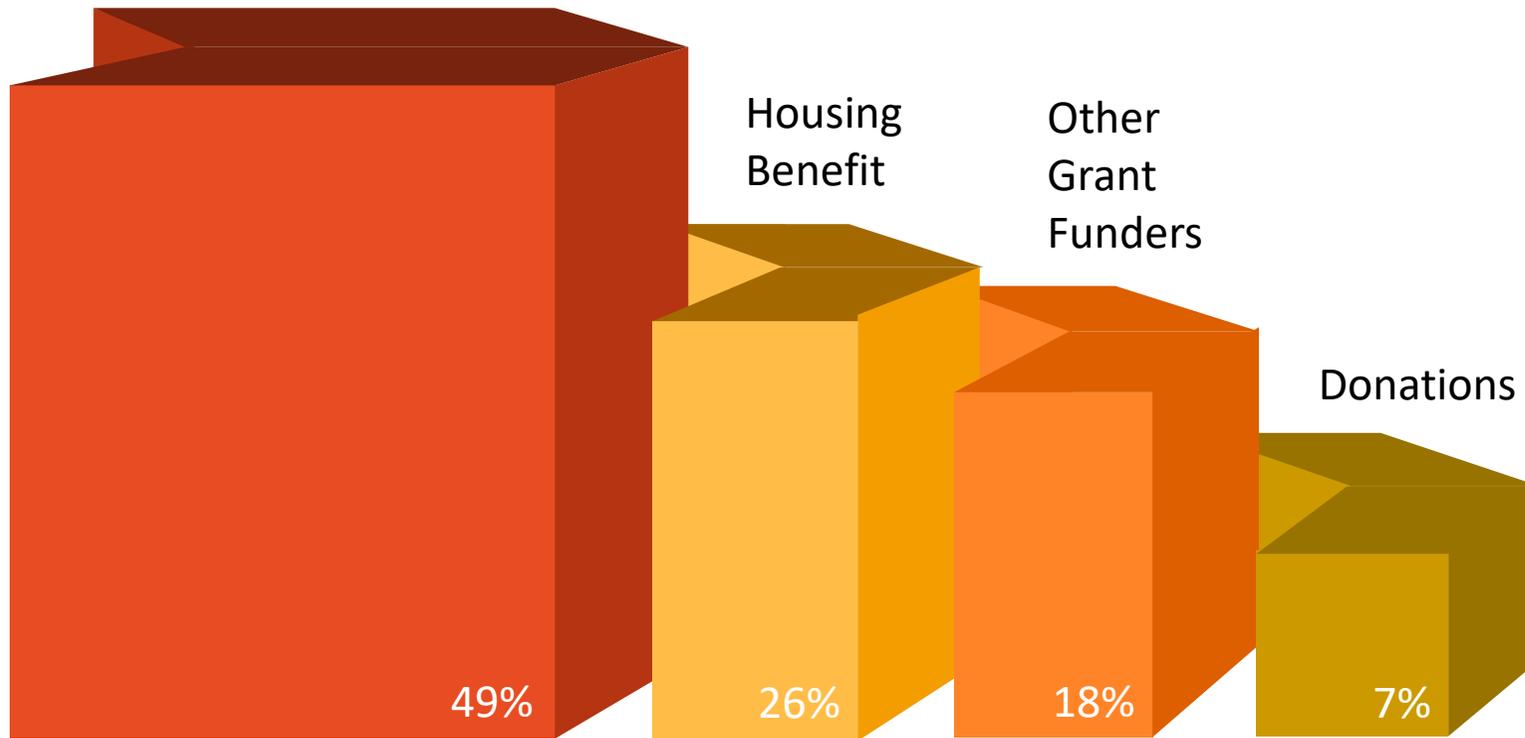
Young parents on our Teenage Parent Service require arrange of support from managing their health better, to reducing the impact of poor relationships and domestic abuse to securing private or social move on tenancies at the end of their placement. Our targeted support enables these young parents to address the issues they have during their placements, ensuring that they are in a better position to move on with their family when ready.

OUR FUNDING

Where does our funding come from?



Lancashire County Council



OUR FUNDING

Donations and raising awareness

“I didn’t know about the M3 Project until I needed them and I’m so grateful for the support they gave me”

We have established two annual fundraising events which not only raise donations for us, but also raise awareness of the work we do to support homeless young people.



BIG SOUP SOCIAL

Our Big Soup Social warms up February and continues to attract community groups, schools, families and friends to have a fun get together over a bowl of soup and raise funds.

RUN OUT HOMELESSNESS

During the summer we hold an all age jog, walk or run around a 5k course at Marl Pits in Rawtenstall. Supported by local businesses, groups and volunteers this is proving to be a wonderful community event.

We also receive regular donations of goods and money from supporters which help us to provide our young people with basic essentials.

With few belongings, a set of toiletries and/or change of underwear can make a big difference to a young person. Funds also help us to provide bedding, kitchen utensils and home safety items for young mums.



SUPPORT US



Individuals can organise their own fundraising event or make one-off or regular donations through our fundraising platform, charity checkout.



With over 3699 popular retailers and no additional cost to purchase through the site, individuals also raise funds for us by doing their on-line shopping we promote easyfundraising as an easy way to support us.



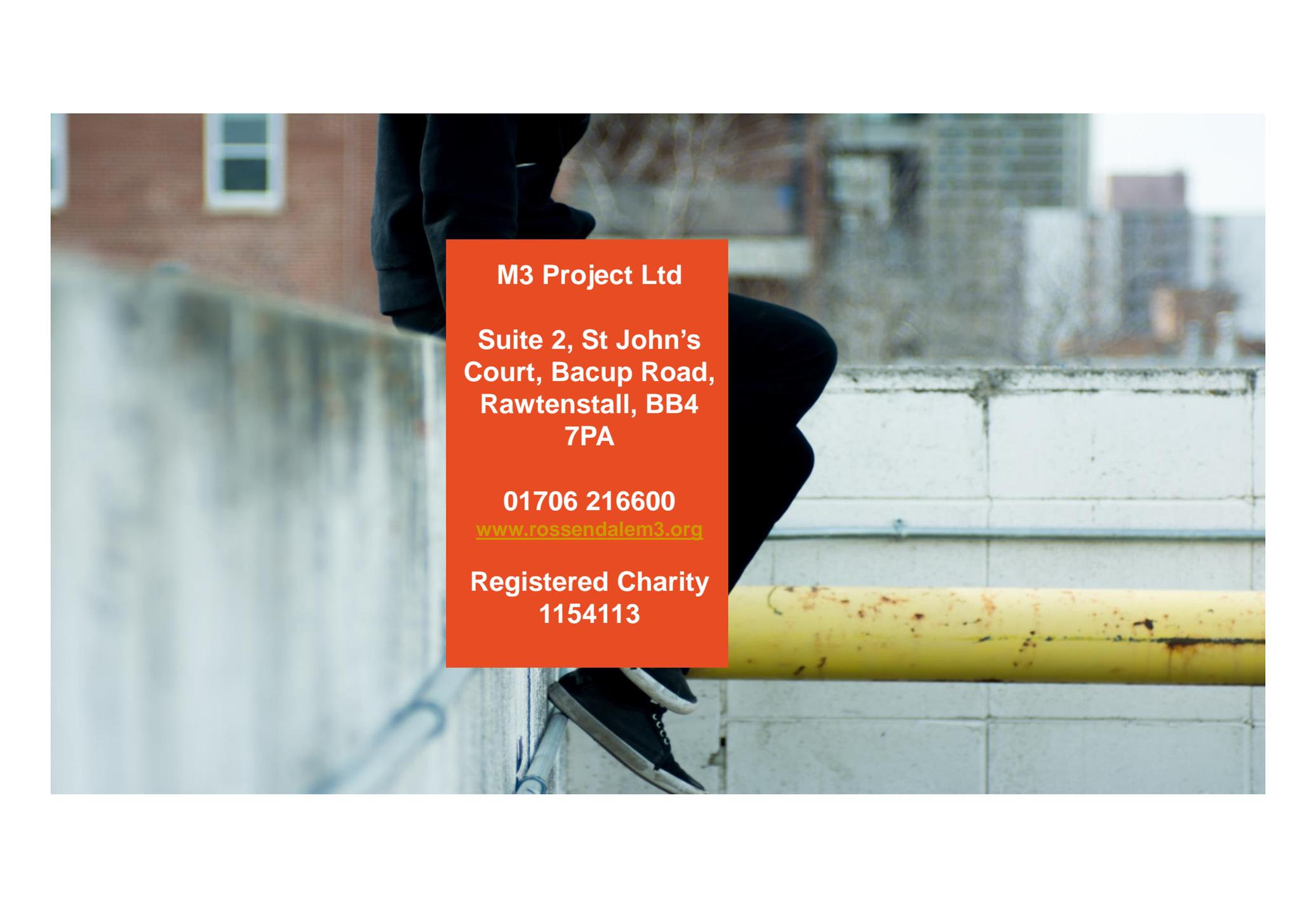
<https://www.rossendalem3.org/support-us/>

STATEMENT OF FINANCIAL ACTIVITIES



Statement of Financial Activities for the Year Ended September 2018
(including Income and Expenditure Account and Statement of Total recognised Gains and Losses)

	Unrestricted funds £	Restricted funds £	Total 2018 £	Total 2017 £
Income and Expenditure from:				
Donations and legacies	21,345	32,892	54,237	50,800
Charitable activities	226,004	22,347	248,351	219,870
Investment income	56		56	56
Total Income	<u>247,405</u>	<u>55,239</u>	<u>302,644</u>	<u>270,726</u>
Expenditure on:				
Raising funds	(4,243)		(4,243)	(2,429)
Charitable activities	(243,921)	(67,179)	(311,100)	(249,178)
Total Expenditure	<u>(248,164)</u>	<u>(67,179)</u>	<u>(315,343)</u>	<u>(251,607)</u>
Net income/(expenditure)	<u>(759)</u>	<u>(11,940)</u>	<u>(12,699)</u>	<u>19,119</u>
Net movement in funds	(759)	(11,940)	(12,699)	19,119
Reconciliation of funds				
Total funds brought forward	138,876	26,604	165,480	146,359
Total funds carried forward	<u>138,117</u>	<u>14,664</u>	<u>152,781</u>	<u>165,478</u>

A photograph of a person sitting on a ledge, with their legs and feet visible. The person is wearing dark clothing and black sneakers. The background shows a brick building and a yellow pipe. An orange rectangular box is overlaid on the image, containing contact information for M3 Project Ltd.

M3 Project Ltd

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www.rossendalem3.org

**Registered Charity
1154113**