

A central graphic featuring a white circle with a thick orange border, surrounded by a large, energetic splash of orange and red paint. The text "Annual Report 2017" is centered within the white circle.

**Annual Report**  
**2017**

A logo for "M3 Project" featuring the text in a bold, italicized yellow font with a black outline, set against a background of blurred light trails in yellow, orange, and blue.

***M3 Project***



# Main Content

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## Our Services

We provide prevention services and accommodation for single young people and young families

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## Our Young People

Homelessness affects many young people from all walks of life. Here is who we work with.

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## Our Impact

Young people experiencing homelessness face enormous barriers in moving on. We explain how we have helped some of our young people.

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## Our Funding

M3 Project is a vibrant and growing charity. We derive our funding from a great variety of sources.



# Our Services

Specialist support and accommodation for young people



## Supported Lodgings

A home from home..

Accommodation for single young people provided by volunteer Householders who offer a room in their home. Support comes from the Householder and dedicated workers.



## Teenage Family Service

A family home..

A unique service providing accommodation for young mothers or families in fully furnished properties, along with comprehensive support.



## Listening Project

A listening ear...

A chance to talk for young people 15-17 who may be experiencing trouble at home and threatened with homelessness, using trained young people as mentors and mediators.



# Our Services

Specialist support and accommodation for young people



## Safe accommodation

We offer 13 placements of Supported Lodgings for single young people (18-21) and 9 placements for Teenage Families (18-21)



## Support

We support young people with a range of issues such as personal relationships, education, substance misuse and mental health.



## Living skills

Our focus on developing independent living skills is crucial to us helping young people move on to their own accommodation.



## A listening ear

Our volunteer Householders and experienced support workers are always there for a young person to share their worries or concerns.



# Our Young People

## — Their Journey

### Support

Our dedicated workers work with a young person to support them to gain the skills, confidence and knowledge they need to live more independently.

### Homelessness

Young people come to us at a moment of need, often in crisis. We understand the disruption this can cause in their lives, and work to minimize this.



### Independence

We support young people toward and into accommodation of their own, to put the disruption of homelessness behind them.



### Entering accommodation

We provide safe, secure and welcoming accommodation for them in our Supported Lodgings or Teenage Family placements.





# Our Young People

Who are our young people?

## 16/17 year olds

Working within Lancashire County Council's Joint Working Arrangements for homeless 16/17 yr olds, our supported lodgings service is ideal for these young people with its home-based and nurturing environment.

## Care Leavers

The transition from care to independence is a big step for many young people. We support young people to make this transition a success by helping with their independent living skills and confidence to manage their own place.



## 18-21 yr olds

Older young people have often not gained the skills and confidence required to live independently and benefit and we can help them build towards being able to manage their own tenancy and plan for the future.

## Young parents

Being a young parent brings many challenges. Our supported properties are an ideal place for young mothers to bring up a young family and gain the skills to live more independently at the same time.



# Our Young People

All our young people have their own story to tell...



**Steve**

Steve, aged 17, began sofa surfing when relationships at home broke down. Struggling with mild learning difficulties, and nowhere to call home, his attendance at College deteriorated and his performance and mental health began to suffer. Steve's Tutor referred him to M3 and he was offered a placement in Supported Lodgings.

Over the last 4 months Steve's Volunteer Householder and Support Worker have together ensured that he has safe and stable accommodation and the assistance he needs to rebuild his confidence. He is attending college regularly and his Tutor reports that he is doing well in his studies.



**Jodie**

Jodie turned 18 with good academic qualifications but no job. Having lived in Care throughout her teenage years she lacked the confidence and skills to live independently and her anxiety became a concern for Professionals.

Jodie was referred to M3 by Children's Social Care and has been settled in one of our Supported Lodgings Placements for 10 months. She has completed our independent Living Skills Workbook and is actively seeking work. With assistance from her Support Worker she has now started the process of looking for her own home.



**Rosie**

When Rosie found out she was pregnant, she knew she wouldn't be able to stay at home as there was no room. Unsure about what her options were, she applied to her local Council for a house but couldn't be accepted until she was 18. Fortunately a local agency was aware of the M3 Teenage Families project and made a call for her.

Rosie was offered a 2 bedroom house with the project and has worked with the Support Worker over several months to evidence her ability to manage a tenancy. Once 18, Rosie was accepted onto the housing list and has recently secured her own property.



# Our Impact

Some of the issues around which we offer support in our Supported Lodgings scheme

18%



## Self Harm

A difficult and emotive subject for some young people.

42%



## Mental Health

Many of our young people struggle with their mental health and in 42% of placements this year, our workers have ensured they have the space to talk and if necessary, the specialist help to manage their mental health better.

30%



## Substance Misuse

Substance misuse continues to be a problem for some young people and requires input in around 30% of our young people.

60%



## Education or Training

Support to maintain or enter education and training is vital for our young people, as they being to move on from the dislocation of homelessness. And a majority of young people take up that support in order to further their life chances in the future.

44%



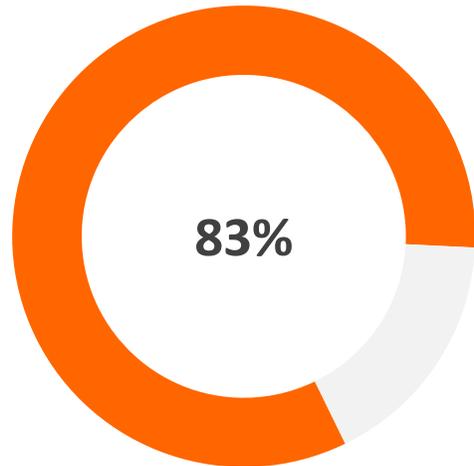
## Finding work

Some of our young people are ready and keen to work. But accessing the labour market can be difficult if you have been homeless or lack ID and other basics. We help apply for and secure paid employment for many of your young people.



# Our Impact

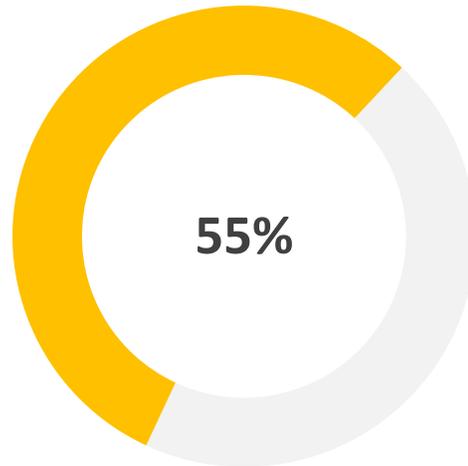
Where we make a difference on our Teenage Family service



## Successful Move Ons

83% moved on successfully

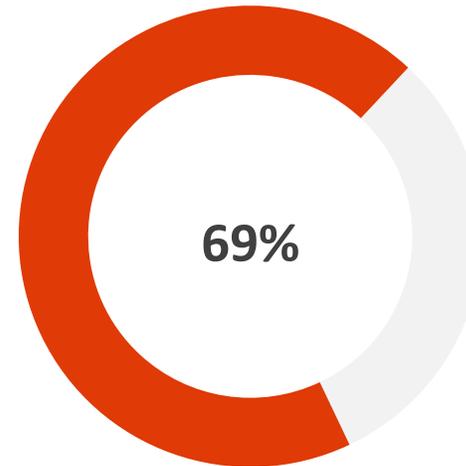
Our young mothers have successfully secured both private and social tenancies after being on the Project.



## Manage Physical Health Better

55% needed help with physical health

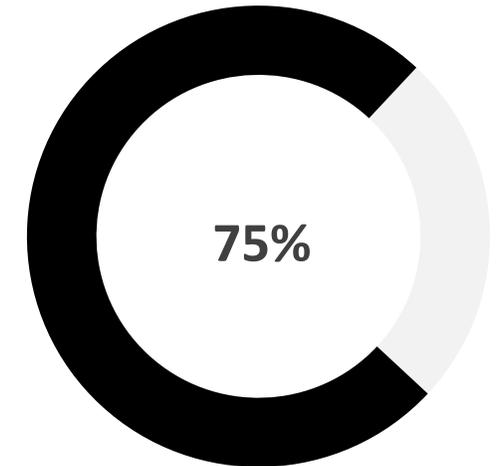
Many our young mothers have needed support around their own physical health and that of their children.



## Manage Mental Health Better

69% needed help with mental health

Mental health continues to be an area where young mothers have asked for and received support.



## Minimise Risk of Harm from Others

75% needed help to minimise risk

Many of your young mothers have come from or are experiencing domestic and other forms of abuse.



# Our Funding

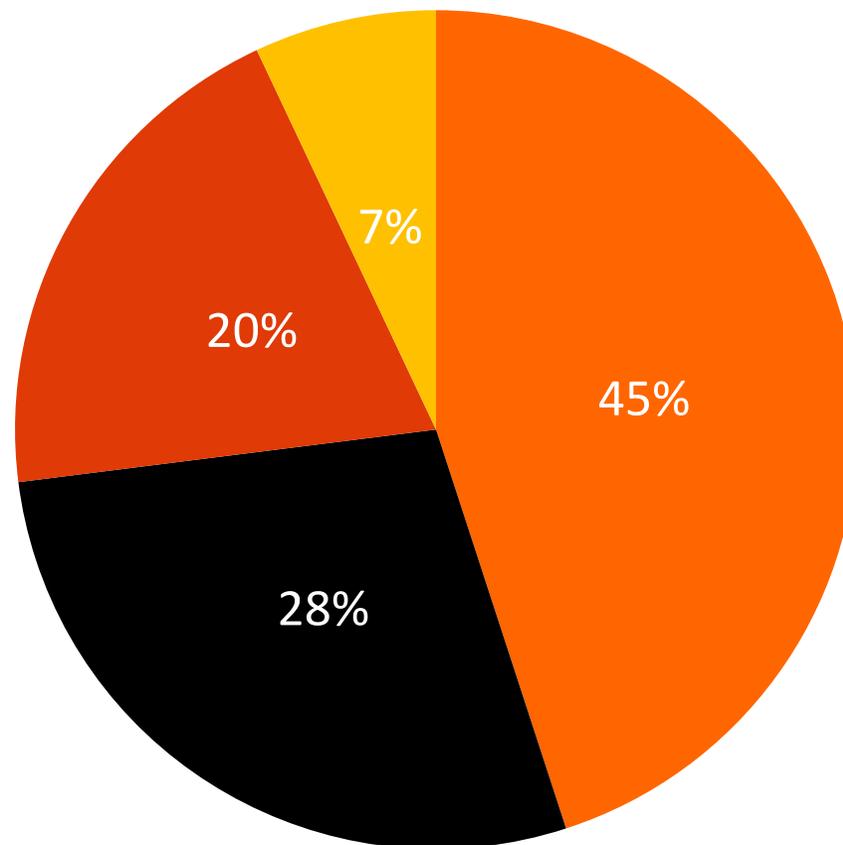
Where does our funding come from?

## Other Grant Funders 20%

We are proud to be in receipt of grants from Lloyds Foundation, Comic Relief and Children in Need to support the work we do.

## Housing Benefit 28%

We use Housing Benefit income to directly fund our supported lodgings and teenage family placements.



## Donations 7%

Donations are a vital and growing part of our income as other sources of grant income that have previously been available reduce in scope. We use donations to DIRECTLY fund the face to face work we do with our young people.

## Lancashire County Council 45%

Traditionally our largest funder, grants from Lancashire County Council are under pressure as financial constraints reduce the amount of funding they are able to provide to organisations like ours.



# Our Funding

M3 is proud to be supported by a group of great funders

Through their Core Strength programme, Comic Relief fund our Development Worker, as well as some core costs.

Children in Need currently fund our prevention service, the Listening Project till 2020.



We currently have contracts with LCC to provide supported lodgings and teenage family accommodation for young people.

The Invest Programme from Lloyds funds our Charity Officer and some other management hours.



# Donations

Become a Supporter for M3 Project



## Who

M3 Project is a small but vibrant local charity with big ideas about making a difference in the lives of young people who are homeless and have 'nowhere to go'.



## Why

Homeless young people often feel afraid, lonely and confused. Our caring team offers them a place where they can feel safe and supported, somewhere they can call home.



## How

Donate or fundraise for us – we'd be happy to hear from you. Visit our website for more details [www.rossendalem3.org](http://www.rossendalem3.org)





# Statement of Financial Activities

Statement of Financial Activities for the Year Ended September 2017  
(including Income and Expenditure Account and Statement of Total recognised Gains and Losses)

|                              | Unrestricted funds<br>£ | Restricted funds<br>£ | Total 2017<br>£       | Total 2016<br>£       |
|------------------------------|-------------------------|-----------------------|-----------------------|-----------------------|
| Income and Expenditure from: |                         |                       |                       |                       |
| Donations and legacies       | 16,944                  | 33,856                | 50,800                | 7,778                 |
| Charitable activities        | 194,524                 | 25,346                | 219,870               | 254,181               |
| Investment income            | 56                      |                       | 56                    | 56                    |
| Total Income                 | <u>211,524</u>          | <u>59,202</u>         | <u>270,726</u>        | <u>262,015</u>        |
| Expenditure on:              |                         |                       |                       |                       |
| Raising funds                | (2,429)                 |                       | (2,429)               | (2,299)               |
| Charitable activities        | <u>(216,580)</u>        | <u>(32,598)</u>       | <u>(249,178)</u>      | <u>(264,105)</u>      |
| Total Expenditure            | <u>(219,009)</u>        | <u>(32,598)</u>       | <u>(251,607)</u>      | <u>(266,404)</u>      |
| Net income/(expenditure)     | <u>(7,485)</u>          | <u>26,604</u>         | <u>19,119</u>         | <u>(4,389)</u>        |
| Net movement in funds        | (7,485)                 | 26,604                | 19,119                | (4,389)               |
| Reconciliation of funds      |                         |                       |                       |                       |
| Total funds brought forward  | 146,359                 |                       | 146,359               | 150,747               |
| Total funds carried forward  | <u><u>138,874</u></u>   | <u><u>26,604</u></u>  | <u><u>165,478</u></u> | <u><u>146,358</u></u> |

## Note:

The last financial year was a successful one for M3 in that we increased donations by 105% and brought in extra charitable grant funding of £59k to support our work.

Whilst there was a surplus moving forward from much of this grant funding, this position is flattered somewhat by the need to provide ongoing service delivery from within this surplus over the coming year.

M3 is still committed to diversifying its income and bringing in unrestricted income through donations to further support our work with young people.



**Our  
Householder  
Team**



**Our  
Supporters  
and  
Fundraisers**



**The M3  
Staff  
Team**



**Our  
Grant  
Funders**



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**Registered Charity 1154113**



**M3\_Project**



**M3ProjectLTD**